

September 2025

Holy Cross

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
45901	3	4	5	6
Labor Day No School!	Cowboy Casserole Spanish Rice Vegetable Fruit	Pizza/Pasta Bake Whole Wheat Roll Vegetables Fruit	Hamburger with a Bun Chips Vegetables Fruit	Fried Rice Bread Sticks Vegetables Fruit
8	9	10	11	12
Pancakes Sausage Patty Yogurt Fruit	Chicken Noodle Soup Whole Wheat Roll Vegetables Fruit	Spaghetti w/ Meat Sauce Whole Wheat Garlic Roll Vegetables Fruit	Hot Dog Fries Vegetables Fruit	Fish Sticks Bread Sticks Vegetables Fruit
15	16	17	18	19
French Toast Sticks Sausage Patty Yogurt Fruit	Chili Spanish Rice Vegetables Fruit	Chicken Alfredo Whole Wheat Roll Vegetables Fruit	Chicken Patty Sandwich Whole Wheat Bun Vegetables Fruit	Shrimp Poppers Bread Sticks Vegetables Fruit
22	23	24	25	26
Waffles Sausage Patty Yogurt Fruit	Ham Mac'N'Cheese Vegetables Fruit	Goulash Whole Wheat Roll Vegetables Fruit	Corn Dogs Tater Tots Vegetables Fruit	Scrambled Eggs Tri Taters Vegetables Fruit
29	30	1	2	3
Pancakes Sausage Patty Yogurt Fruit	Sloppy Joe Whole Wheat Bun Vegetables Fruit			
6	No more than one serving of juice per day (need to be 100%), both a fruit & vegetable or two different vegetables served at lunch. At least one whole grain-rich food per day. Name of breakfast cereal to confirm the sugar limit is not exceeded. Pre-School/ Pre-Kindergarten Served 1% White milk, NO FLAVORED. Whole Grain-rich food requirement may be met with breakfast, lunch or snacks. <i>Items subject to change based on availability.</i>			